



Proclamation

By the Mayor of Prattville, Alabama

WHEREAS, diabetes is a debilitating disease. There are nearly 26 million Americans with diabetes and another 79 million who have pre-diabetes. With a rate at 30 percent above the national average, Alabama is one of the leading states in the nation for growth rate of new cases; and

WHEREAS, Type 1 diabetes can occur at any age, but is most often diagnosed in young people. Type 1 diabetes is managed by a lifetime of regular medication or insulin treatment. Type 2 diabetes is far more common, and the number of people developing, or who are at an elevated risk for developing the disease is rapidly growing. Risk is highest among people who are overweight, inactive, and have a family history of the disease. These risks increase in people over the age of 45; and

WHEREAS, diabetes can lead to severe health problems and complications such as stroke, vision loss, heart disease, kidney disease, nerve damage, and amputation. With recommended lifestyle changes and proper treatment, people with diabetes can prevent or delay the onset of many complications; and

WHEREAS, I recognize and commend those who are so bravely fighting this disease, the families and friends who support them as well as the health care providers, researchers, and advocates working to reduce the impact this disease has on our citizens. Together, we can educate ourselves and take the steps that will lead to a healthier future for our citizens.

NOW, THEREFORE, I, Bill Gillespie Jr., Mayor of the City of Prattville hereby proclaim the month of November

American Diabetes Month

in Prattville, Alabama.

*Given Under My Hand and the Seal of the City of
Prattville on the 1st day of November 2012.*

Bill Gillespie
Mayor Bill Gillespie, Jr.

