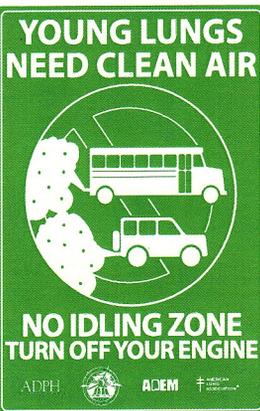


Healthy Air Alabama

No Idling Campaign

Asthma is a chronic disease that affects the airways and lungs of many Alabama citizens, including children. Asthma frequently interrupts daily activities, like attending school, and causes school children to miss countless days of school each year. In addition, children that suffer with asthma are sensitive to pollutants such as those contained in automobile exhaust that can trigger an asthma attack.

Likewise, it is important to ensure that all children have clean air to breathe. The ability to reduce automobile emissions around local schools is a key component that supports this overall goal.



The purpose of the **No Idling Campaign** is to reduce pollution from idling buses and cars that can negatively affect a child's healthy lung growth and development. Excessive idling can expose vulnerable populations of children and adults to unhealthy exhaust filled with pollution particles. Airborne particles can cause nasal, throat, respiratory, and eye problems, and are particularly harmful to those with asthma.

Children are more vulnerable to the impacts of automobile exhaust than other populations:

- Their lungs are still in the development phase.
- They breathe, on average, 50 percent more air per pound of body weight than adults.
- They are closer to the ground and closer to automobile exhaust.

How It Works

- Schools place signs to establish a No Idling Zone.
- Parents and bus drivers are encouraged to turn off their engines while waiting at school.

Benefits to You, Your Children and Your School

- By not idling, you keep three pounds of pollution per month from going into the air.
- You save money! One hour of idling burns up to a gallon of fuel.
- By not idling, you reduce car exhaust and decrease your child's exposure to unhealthy emissions.



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